

The Berkley Times

Activities, Trips, and Programs for Seniors

November – December



**The “January – February Berkley Times” will be available
Friday, December 12! Keep an eye out!**

Berkley Parks and Recreation | 2400 Robina, Berkley, MI 48072 | 248-658-3470



New & Noteworthy



***Seniors are welcome and encouraged to join these ongoing adult programs!
Contact Bobby Green, Recreational Program Manager, for more information!***

Beginner Tai Chi: Wednesdays at 6pm. Beginner Adult Wu Style Tai Chi Chuan. For those who have never taken Tai Chi. Learn Wu Style Tai Chi Chuan, an invigorating exercise for health and peace of mind. Careful practice will improve coordination and increase relaxation. Improve your health and concentration and learn to deal with stress more effectively. Try the first class for free!

Karate for Adults and Teens: Thursdays at 7:30pm. Specifically designed to address personal-protection concerns, this program instructs a broad range of strikes, combinations, footwork and defense tactics. Receive specialized training on how to deal with, get out of, and counter a multitude of grabs and attack scenarios. Learn how to use the whole body for power, making the most of your size and strength (regardless of athletic ability).

Pi-Yo Live: Mondays and/or Thursdays at 6pm. PIYO® Live is a low-impact blend of strength training and conditioning inspired by Pilates and Yoga. This workout will help increase strength, stability, stamina and flexibility. This class is filled with choreography that is fun, challenging and will make you sweat. Please bring a yoga mat, towel and water bottle.

Yoga: Saturdays at 9:30am and/or Tuesdays at 6pm. All levels, slow flow yoga class, perfect for new or experienced students. This class may consist of sun salutations, standing poses, balancing poses, twists, fold, and bends with modifications available to ensure the flow meets you where you are on any particular day. Every class will utilize breath to guide your movement and end in a relaxing savasana. The pace will allow for you to focus on alignment, spend time exploring each pose, build strength and flexibility, and reduce stress levels. Don't forget your yoga mat and water!

Medical Loan Closet: The Berkley Community Center has a collection of second-hand medical equipment that is available to loan to anyone in need. Walkers, wheelchairs, canes, shower chairs, crutches, commodes, etc. are included. Contact us to see if equipment you need is available.

AARP Tax Aide: AARP will once again be doing taxes at the Berkley Community Center. Call in January for more information and to make an appointment.

Learn more about "MyRide2", an alternative to extend independence, at the Berkley Library on January 13 from 1pm - 2:30pm. Call the Berkley Library at 248-658-3440 for more information!

Tom Katz Square Dancing Club: \$7 drop-in every Monday from 1pm - 4pm and every Wednesday from 7:15pm - 8:45pm. No experience required, first class free. Visit tomkatz.net for more information!

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Senior Holiday Party at Camp Ticonderoga

Senior Holiday Party

Date: Friday, December 12, 11:30am

Cost: \$35 per person

Spots available: 35

Bus: 11:00am – Oxford Park Towers

11:15am – Berkley Community Center

Transportation leaving the Berkley Community Center will be provided for all guests.



What to Expect: Get in the holiday spirit with your peers and the Berkley Parks and Recreation Staff. Transportation will be provided from the Berkley Community Center to Camp Ticonderoga in Troy. Includes lunch buffet (appetizer, entrée, sides), non-alcoholic drinks, dessert, raffles, and a lot of fun! Registration is required.

Shuttle Through the Berkley Neighborhood Lights



Join us for a shuttle ride through Berkley's neighborhoods to see the wonderful holiday decorations! This free event will pick registrants up from Oxford Park Towers in groups of 13 for holiday music, hot chocolate, and ornament decorating at the Berkley Community Center while waiting for your group's turn in the shuttle. Each group will spend about a half hour on the shuttle cruising through Berkley's neighborhoods. We will drop you off back at OPT between 7:00pm and 7:30pm. Registration required.

Date: Tuesday, December 16, 5:30pm – 7:30pm

OPT Pick Up Times: 5pm, 5:15pm, 5:30pm

'Norma and Wanda' at the Purple Rose Theatre

Norma and Wanda, A 20th Anniversary Production by Jeff Daniels

Two very different sisters get themselves into an outrageous pickle with an old high school boyfriend, a chaotic church social and a secret family recipe for Christmas sausage. (Contains adult language and subject matter.) **Please note: Our seats are in rows H and HH, there will be a few steps that we are required to climb to get to our seats.**

A note from Purple Rose Theatre: There will be no intermission during the performance. Please keep the aisles clear for the actors' entrances and exits. Food or drink inside the theatre is prohibited.

Norma and Wanda at the Purple Rose Theatre. 3pm showtime

Lunch at Smokehouse 52 BBQ. 12:30pm reservation

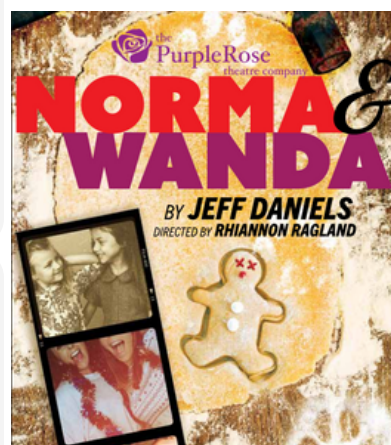
Date: Wednesday, December 3

Cost: \$70, lunch is on your own

Spots available: 13

Bus: 11:00am – Oxford Park Towers

11:15am – Berkley Community Center



Lunch at The Continental and a Tour at The Ford House

The house at Ford House, known as the Main Residence, isn't ostentatious or intimidating despite its elegant décor and fine art collection. Instead, the rooms feel intimate and comfortable — a reflection of Eleanor and Edsel Ford's desire to create a space that was both beautiful and livable. It isn't just a house — it's a home.

Designed by prominent architect Albert Kahn, the Main Residence showcases the same craftsmanship and attention to detail found in many of Detroit's most iconic buildings. Its Cotswold-style architecture, inspired by the storybook cottages of England, gives the home a sense of timeless charm. Eleanor and Edsel Ford moved into their lakeside residence in 1928, where they raised their family and welcomed guests into a home filled with art, warmth, and innovation.

Please note: This tour includes a good amount of walking, and some stairs.

Lunch at the Continental and a Tour at The Ford House

Date: Wednesday, November 12

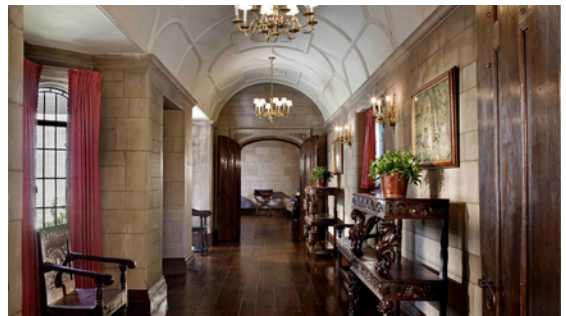
Lunch at 11:15am - 12:45pm, tour from 1pm-2pm, there will be time at the end to explore the shops and exhibits.

Cost: \$65, lunch at The Continental is included in price

Spots available: 13

Bus: 10:00am - Oxford Park Towers

10:15am - Berkley Community Center



The Billy Joel Songbook at the Detroit Symphony Orchestra



Join the DSO and vocalist-pianist Tony DeSare for a symphonic celebration of Billy Joel's most iconic hits. With DeSare's signature vocals and dynamic piano style, experience the legendary songs of the Piano Man like never before—brought to life with full orchestral arrangements conducted by Enrico Lopez-Yañez. Hear favorites including "Only the Good Die Young," "Just the Way You Are," "Piano Man," "New York State of Mind," "You May Be Right," "Movin' Out," "My Life," "Don't Ask Me Why," and more in this unforgettable tribute to one of music's greatest storytellers.

Please note: Billy Joel does not appear on this program.

The show is 2 hours and begins at 10:45am. We are seated on the middle balcony which requires us to take the elevator up to the fourth floor. After the show, we will head to lunch at Hop Cat for our reservation at 1:15pm!

The Billy Joel Songbook at The DSO and Lunch Hop Cat

Date: Friday, November 21

Cost: \$55, lunch is on your own

Spots available: 12

Bus: 9:30am - Oxford Park Towers

9:45am - Berkley Community Center



Lunch Bunch

Red Lobster – Madison Heights

Date: Monday, November 17

Cost: \$10, lunch is on your own

Spots available: 13

Bus: **10:15am** – Oxford Park Towers

10:30am – Berkley Community Center

Rusty Bucket – Bingham Farms

Date: Monday, December 1

Cost: \$10, lunch is on your own

Spots available: 13

Bus: **10:30am** – Oxford Park Towers

10:45am – Berkley Community Center

**Have lunch recommendations?
Don't be shy! Let us know where
you'd like to go to lunch next.**



Casino Trips *New

Hollywood Casino at Greektown

Date: Wednesday, November 5

Cost: \$15

Spots available: 13 each trip

First Trip Bus Schedule *new departure time*

8:45am – Oxford Park Towers

9:00am – Berkley Community Center

OVERFLOW / 2nd Trip Bus Schedule

10:00am – Oxford Park Towers

10:15am – Berkley Community Center

MGM Casino

Date: Monday, December 8

Cost: \$15

Spots available: 13 each trip

First Trip Bus Schedule *new departure time*

8:45am – Oxford Park Towers

9:00am – Berkley Community Center

OVERFLOW / 2nd Trip Bus Schedule

10:00am – Oxford Park Towers

10:15am – Berkley Community Center

Senior Trivia

Trivia Thursday

Date: Thursday, November 13

Time: 12:30pm – 2:30pm

Cost: \$15

Bus: 12:00pm – 12:15pm – Oxford Park Towers

**MUST REGISTER BY NOV. 3 FOR CATERING PURPOSES!
Thank you!**

**Come test your knowledge!
Multiple rounds of
questions, bonus rounds,
and a whole lot of fun. Lunch
will be provided.**



Senior Bingo

Winter Bingo Bash

Date: Friday, December 5

Time: 12:30pm – 2:30pm

Cost: \$15

Bus: 12:00pm – 12:15pm – Oxford Park Towers

**MUST REGISTER BY NOV. 24 FOR CATERING
PURPOSES! Thank you!**

**Includes two bingo cards!
Additional cards can be
purchased for \$0.50. Lunch will
be provided.**



Senior Van Transportation Rules & Regulations

Welcome to the Berkley Transportation Service. We look forward to assisting you with all of your transportation needs. Reservations can be made for trips to the doctor, salons, shopping centers and more.

General Information

- Senior Van Transportation is available for Berkley residents who are over the age of 50, retired or semi-retired. All vehicles are equipped with wheelchair lifts for anyone in need.
- A suggested donation of \$3 for one-way trips or \$5 for round trips is recommended.
- Transportation is available Monday through Friday between 8:30am and 4:00pm unless otherwise stated.

All rides must be completed by 4:00pm

How to make a van reservation:

- Call Parks and Recreation at 248-658-3470 and ask for transportation.
Reservations: Monday through Friday between the hours of 9:00am & 12:00pm.
Requests will not be accepted at any other time.
- Please be prepared to provide your name, address and the address of where you will need to be dropped off.
- Please indicate if you need special assistance like if you are using a walker or are in a wheelchair.
- Reservations need to be made at least two days in advance but can be made months in advance if you have all necessary information.

Meijer Trip Information

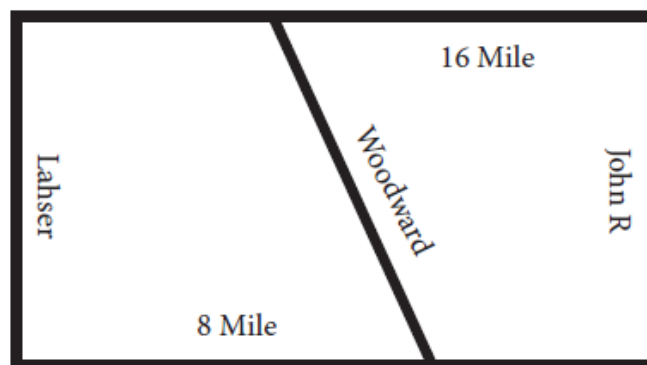
Resident Meijer Trip: 8:30am Tuesdays

Oxford Park Resident Meijer Trips 10:00am Thursdays & 9:00am Fridays

Grocery shopping is limited to what a passenger can carry in one trip or in a personal pull cart. Drivers are not permitted to carry groceries into homes.

No changes other than cancellations, will be made on the day of transportation. Additions will not be accepted. Please do not ask the driver to alter the schedule.

All reservations, cancellations, and changes to existing rides need to be made by calling the Parks and Recreation Department at 248-658-3470



OCTOBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 CRANBROOK TRIP SAARINEN HOUSE TOUR 10:15AM DEPART TK SQUARE DANCING 7:15PM – 8:45PM	2 SENIOR HANGOUT 11AM – 1PM	3 SENIOR EXERCISE 9:30AM – 10:30AM TK MONTHLY SQUARE DANCE 7:00PM – 9:30PM
6 SENIOR MIX WORKOUT 10AM – 11AM BLAKE'S ORCHARD 10:00AM DEPART TK SQUARE DANCING 1PM – 4PM	7 SENIOR EXERCISE 9:30AM – 10:30AM	8 TK SQUARE DANCING 7:15PM – 8:45PM	9 SENIOR HANGOUT 11AM – 1PM	10 SENIOR EXERCISE 9:30AM – 10:30AM
13 SENIOR MIX WORKOUT 10AM – 11AM CRACKER BARREL LUNCH TRIP 10:30AM DEPART TK SQUARE DANCING 1PM – 4PM	14 SENIOR EXERCISE 9:30AM – 10:30AM	15 TK SQUARE DANCING 7:15PM – 8:45PM	16 SENIOR HANGOUT 11AM – 1PM	17 SENIOR EXERCISE 9:30AM – 10:30AM
20 MGM CASINO / 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	21 SENIOR EXERCISE 9:30AM – 10:30AM	22 TK SQUARE DANCING 7:15PM – 8:45PM	23 SENIOR HANGOUT 11AM – 1PM	24 SENIOR EXERCISE 9:30AM – 10:30AM HALLOWEEN BINGO 12:30PM – 2:30PM
27 SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	28 SENIOR EXERCISE 9:30AM – 10:30AM	29 MEADOW BROOK CATCH ME IF YOU CAN FINNEGAN'S PUB 11:00AM DEPART TK SQUARE DANCING 7:15PM – 8:45PM	30 SENIOR HANGOUT 11AM – 1PM	31 SENIOR EXERCISE 9:30AM – 10:30AM
3	4	5	6	7
THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!		PLEASE CHECK INSIDE THE BERKLEY TIMES FOR MORE INFORMATION ON THE LISTED ACTIVITIES, TRIPS, AND PROGRAMS LISTED ON THE CALENDAR.		

NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 SENIOR MIX WORKOUT CANCELLED TK SQUARE DANCING CANCELLED	4 SENIOR EXERCISE CANCELLED	5 HOLLYWOOD CASINO AT GREEKTOWN 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP TK SQUARE DANCING 7:15PM – 8:45PM	6 SENIOR HANGOUT 11AM – 1PM	7 SENIOR EXERCISE 9:30AM – 10:30AM TK MONTHLY SQUARE DANCE 7:00PM – 9:30PM
10 SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	11 BUILDING CLOSED	12 FORD HOUSE 10:15AM DEPART TK SQUARE DANCING 7:15PM – 8:45PM	13 SENIOR HANGOUT CANCELLED TRIVIA THURSDAY 12:30PM – 2:30PM	14 SENIOR EXERCISE 9:30AM – 10:30AM
17 SENIOR MIX WORKOUT 10AM – 11AM LUNCH BUNCH TRIP RED LOBSTER 10:30AM DEPART TK SQUARE DANCING 1PM – 4PM	18 SENIOR EXERCISE 9:30AM – 10:30AM	19 TK SQUARE DANCING 7:15PM – 8:45PM	20 SENIOR HANGOUT 11AM – 1PM	21 SENIOR EXERCISE 9:30AM – 10:30AM D.S.O – BILLY JOEL 9:45AM DEPART
24 SENIOR MIX WORKOUT 10AM – 11AM TK SQUARE DANCING 1PM – 4PM	25 SENIOR EXERCISE 9:30AM – 10:30AM	26 TK SQUARE DANCING 7:15PM – 8:45PM	27 BUILDING CLOSED	28 BUILDING CLOSED
1	2	3	4	5
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DECEMBER 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	SENIOR MIX WORKOUT 10AM - 11AM LUNCH BUNCH TRIP RUSTY BUCKET 10:45AM DEPART TK SQUARE DANCING 1PM - 4PM	2	SENIOR EXERCISE 9:30AM - 10:30AM	3	NORMA AND WANDA PURPLE ROSE THEATRE 11:15AM DEPART TK SQUARE DANCING 7:15PM - 8:45PM	4	SENIOR HANGOUT 11AM - 1PM	5	SENIOR EXERCISE 9:30AM - 10:30AM HOLIDAY BINGO BASH 12:30PM - 2:30PM
8	MGM CASINO 9AM DEPART, 1 ST TRIP 10:15AM DEPART, 2 ND TRIP SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	9	SENIOR EXERCISE 9:30AM - 10:30AM	10	TK SQUARE DANCING 7:15PM - 8:45PM	11	SENIOR HANGOUT 11AM - 1PM	12	SENIOR EXERCISE CANCELLED SENIOR HOLIDAY PARTY 11:15AM DEPART
15	SENIOR MIX WORKOUT 10AM - 11AM TK SQUARE DANCING 1PM - 4PM	16	SENIOR EXERCISE 9:30AM - 10:30AM BERKLEY NEIGHBORHOOD HOLIDAY LIGHTS SHUTTLE 5:30PM - 7:30PM	17	TK SQUARE DANCING 7:15PM - 8:45PM	18	SENIOR HANGOUT 11AM - 1PM	19	SENIOR EXERCISE 9:30AM - 10:30AM TK MONTHLY SQUARE DANCE 7:00PM - 9:30PM
22	SENIOR MIX WORKOUT CANCELLED SEE YOU IN JANUARY	23	SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY	24	BUILDING CLOSED	25	BUILDING CLOSED	26	SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY
29	SENIOR MIX WORKOUT CANCELLED SEE YOU IN JANUARY	30	SENIOR EXERCISE CANCELLED SEE YOU IN JANUARY	31	BUILDING CLOSED	2		3	
6		7		8		9		10	
THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!				PLEASE CHECK INSIDE THE BERKLEY TIMES FOR MORE INFORMATION ON THE LISTED ACTIVITIES, TRIPS, AND PROGRAMS LISTED ON THE CALENDAR.					



Parks and Recreation
2400 Robina Avenue
Berkley, MI 48072
berkleymi.gov

Parks and Recreation Staff

<u>Parks and Recreation Superintendent:</u>	Dan McMinn
<u>Senior Program Manager:</u>	Josie Modrack
<u>Event and Communications Specialist:</u>	Amanda Slusarski
<u>Recreation Program Manager:</u>	Bobby Green
<u>Front Desk Clerk:</u>	Josh Boal

Berkley City Council

Mayor: Bridget Dean
Council Members:
Steven Baker
Clarence Black
Ross Gavin
Dennis Hennen
Greg Patterson
Jessica Vilani