The Berkley Times

Activities, Trips, and Programs for Seniors

November - December 2026



Find every issue of The Berkley Times by visiting berkleymi.gov/seniors

Berkley Parks and Recreation | 2400 Robina, Berkley, MI 48072 | 248-658-3470

Recent Highlights: In Case You Missed It!

Starting in September 2026, the schedule for Senior Hangout, Trivia, and Senior Fitness with Pamela changes. Senior Fitness classes will also have a new process for punch cards and drop-in payments. More information is on the next page. Please read these updates carefully and keep this information on hand for reference!

We handed out SMART transportation guidelines and ridership reminders to those who use our senior van regularly. These guidelines are included in this mailing for your reference.

Annual Mailing Fee Starting January 2027

Starting in 2027, a recurring, automatic annual payment is required to receive the Berkley Times via mail every other month to help offset rising postage costs. Please review the handout included in this mailing for more information.

The Berkley Times will continue to be available for free at berkleymi.gov/seniors.

Community Standards: Respecting Our Staff

Our trips and programs are a joy for everyone involved! To keep our community strong, we kindly ask all members to treat our staff with the utmost respect. This center is their workplace, and they work hard to make your experiences great. Please remember to practice patience, kindness, and to think before you speak. Thank you for helping us keep this a welcoming place for all.

AARP Tax Service 2027

More information regarding AARP Tax Preparation will be in the January - February 2027 Berkley Times. This information will be provided with plenty of time to schedule and plan ahead.

Let's Have Fun this Holiday Season!

A Christmas Carol at Meadow Brook & Lunch at Kruse and Muer on Main
Everyone's favorite holiday classic captivates audiences for the 44th year with the tale of a mean-spirited miser and the ghosts that haunt him.
We will go to lunch at Kruse and Muer on main before the show, your meal is included in the trip price. ***This trip does not have a set menu, but your lunch is included in registration.**

Date: Wednesday, December 9 (2:00pm showtime)
Cost: $115, lunch included
Bus:

- 10:45am – Oxford Park Towers
- 11:00am – Berkley Community Center



Shuttle Through the Berkley Neighborhood Lights

Join us for a shuttle ride through Berkley's neighborhoods to see the wonderful holiday decorations! This free shuttle will take two trips. Each group of up to 11 people will spend about 20-30 minutes on the shuttle cruising through Berkley's neighborhoods! Once the first group is dropped off, the next group will depart! **Registration required.**

Date: Thursday, December 17, 5:15pm - 6:30pm
OPT Pick Up Times: 5pm, 5:45pm

Residents (not including OPT) must specify if they need a ride. Non-residents must find a ride to the Berkley Community Center in order to register for the shuttle. We hope to see you there to spend time together and spread holiday cheer.

Senior Holiday Party 2026

Where: Brown Iron Brewhouse, Royal Oak
Date: Wednesday, December 16, 11:45am
Cost: $45
Spots available: 45
Bus: 11:15am - Oxford Park Towers
11:30am - Berkley Community Center

What to Expect: Get in the holiday spirit with your peers and the Berkley Parks and Recreation Staff. Includes lunch buffet (salad, entrée, sides), non-alcoholic drinks, dessert, raffles, and a lot of fun!

Transportation: Berkley residents may request a ride but must do so while registering. **If you drive yourself, you may not enter until 11:45am**. There's plenty of space, prizes, and cheer for everyone. We are so excited!

November Lunch and Learn

A Medicare Lunch and Learn with Andrea Hicks

Shining a light on Medicare, helping YOU understand the basics. Whether you are turning 65 and new to Medicare, over 65 and still working, or over 65 and unsure about the coverage and benefits available to you, this talk can help with Healthcare Marketplace, Medicare, Life, and Retirement insurance needs.

Andrea is an independent, licensed, and certified Health Insurance Agent in Michigan, Florida, Arizona, and Ohio. Andrea educates and guides her clients through health insurance at no cost, providing multiple insurance carriers to choose from. Lunch will be served at 12:30 PM, followed by the presentation. Desserts and beverages will also be provided.



Date: Thursday, November 5 at 12:30 PM
Spots available: Limited, must register beforehand
Bus: 12:15 PM from the Oxford Park Towers
Cost: *Free; lunch from Downtown Berkley's The Lunch Cafe provided by Andrea Hicks*

Casino Trips *NEW!

MotorCity Casino trips are BACK!

There will be 3 casino trips in November and December! From January onwards, one casino trip to MotorCity, MGM, or Hollywood at Greektown will be offered per month. The casino destination will rotate each time.

Casino trips are always on a Monday or a Wednesday.

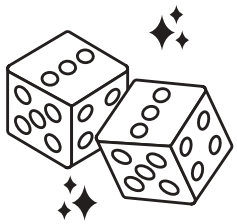
MotorCity Casino:
Monday, November 9

MGM Casino:
Wednesday, December 2

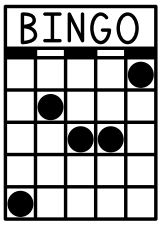
Hollywood at Greektown:
Monday, December 21

The following information applies to all casino trips
Cost: $15
Spots available: 13 per trip
First Trip Bus Schedule:
- 8:45am - Oxford Park Towers
- 9:00am - Berkley Community Center

Second Trip Bus Schedule:
- 10:00am - Oxford Park Towers
- 10:15am - Berkley Community Center









Senior Bingo and Senior Trivia *new date

Harvest Bingo Bash!
Date: Friday, November 13, 12:30 - 2:30pm
Cost: $15
Bus: 12:00 - 12:15pm from Oxford Park Towers

Multiple rounds of questions, bonus rounds, and a whole lot of fun. Lunch will be provided. *The goal is to have fun!*

Friday Trivia! ***new date**
Date: Friday, December 11, 12:30 - 2:30pm
Cost: $15
Bus: 12:00 - 12:15pm Oxford Park Towers

Multiple rounds of questions, bonus rounds, and a whole lot of fun. Lunch will be provided. *The goal is to have fun!*

Exercise Classes with Pamela

Senior Mix Workout with Pamela

In addition to supporting active longevity and overall wellness for all fitness levels, Senior Mix Workout focuses on building muscular endurance and coordination. This class will enhance functional strength, mobility, and balance by combining resistance training, supportive mat work, and dance movements.

Mondays
9:30am - 10:15am
$5 drop-in
***Bring your own mat**

Senior Fitness with Pamela

This highly engaging fitness class blends low-impact stability exercises with specialized range-of-motion movements such as supportive chair techniques to safely enhance circulation, build foundational strength and total-body flexibility. Chairs are provided but completely optional, making it easy to adjust every exercise to your personal fitness level.

Weekly Schedule:

- Mondays: 11:00am - 12:00pm
- Tuesdays: 9:30am - 10:30am
- Thursdays: 9:15am - 10:15am ***new**

Pricing and Packages: ***new**

- Per drop-in: $3 (cash only) ***new**
- 10-class bundle: $25 (saves $5)

Bundle Details: (previously referred to as your "punch card") ***new**

- Payment: Must be paid via credit card on file. ***new**
- Auto-Renew: Bundle automatically renews after 10 classes unless you cancel. ***new**
- Tracking: Staff tracks usage for office records and processes the automatic renewal.
- Responsibility: You must personally track your attendance to anticipate the next charge.
- Policy: All bundle purchases are strictly non-refundable.





Wednesday Senior Hangout *new date

Join us at the Berkley Community Center **every Wednesday** from 11:00am - 1:00pm for our favorite weekly gathering! It is the perfect opportunity to catch up with friends, meet new neighbors, and enjoy time together. This program is free!

- Light refreshments: Enjoy hot coffee and delicious morning pastries.
- Social activities: Participate in a variety of casual games, crafts, and group activities.
- Good conversation (your choice): Relax and chat in a warm, welcoming environment, or simply do things on your own, independently!
- Free shuttle: Complimentary rides are provided to and from Oxford Park Towers.
- Reserve a seat: Please notify staff ahead of time if you need a ride so we can save you a spot or add you to the schedule.







Tom Katz Square Dancing

No experience required, couples and singles welcome! First lesson is FREE and each following lesson will be $7. Have fun, laugh, make friends, get lots of exercise, reduce stress, improve memory skills, and dance to great music!

Lessons at the Berkley Community Center are on Mondays, 1PM - 3PM (Beginner) and 3PM - 4PM (Plus), and Tuesdays from 7:30PM - 9:30PM (Beginner and Plus). Visit tomkatz.net for more information.

Senior Van Transportation Rules & Regulations

Welcome to the Berkley Transportation Service. We look forward to assisting you with all of your transportation needs. Reservations can be made for trips to the doctor, salons, shopping centers and more.

General Information

- Senior Van Transportation is available for Berkley residents who are over the age of 50, retired or semi-retired. All vehicles are equipped with wheelchair lifts for anyone in need.
- A suggested donation of $3 for one-way trips or $5 for round trips is recommended.
- Transportation is available Monday through Friday between 8:30 AM and 4:00 PM unless otherwise stated.

All rides must be completed by 4:00 PM

How to make a van reservation:

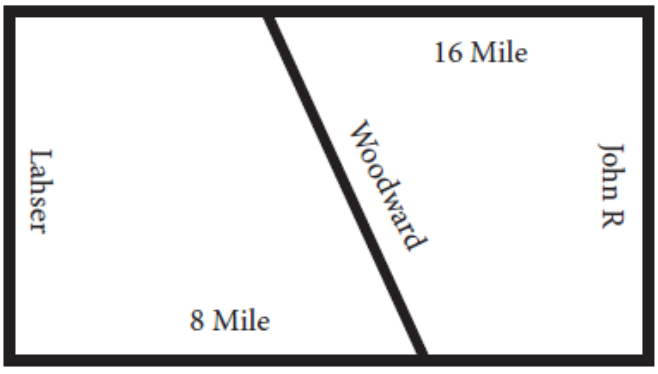
- Call Parks and Recreation at 248-658-3470 and ask for transportation.
  Reservations: Monday through Friday between the hours of 9:00 AM & 12:00 PM.
  Requests will not be accepted at any other time.
- Please be prepared to provide your name, address and the address of where you will need to be dropped off.
- Please indicate if you need special assistance, like if you are using a walker or are in a wheelchair.
- Reservations need to be made at least two days in advance, but can be made months in advance if you have all the necessary information.

Meijer Trip Information

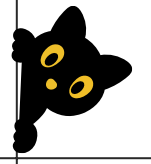
Resident Meijer Trip: 8:30 AM Tuesdays
Oxford Park Resident Meijer Trips 10:00 AM Thursdays & 9:00 AM Fridays
Grocery shopping is limited to what a passenger can carry in one trip or in a personal pull cart. Drivers are not permitted to carry groceries into homes.

No changes other than cancellations will be made on the day of transportation. Additions will not be accepted. Please do not ask the driver to alter the schedule.

All reservations, cancellations, and changes to existing rides need to be made by calling the Parks and Recreation Department at 248-658-3470



OCTOBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 SENIOR FITNESS **9:15AM-10:15AM**	2
5 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	6 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	7 SENIOR HANGOUT RETURNS NEXT WEEK!	8 SENIOR FITNESS **9:15AM-10:15AM**	9
12 HOLLYWOOD AT GREEKTOWN 9AM DEPART, 1ST TRIP 10:15AM DEPART, 2ND TRIP SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	13 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	14 SENIOR HANGOUT 11AM - 1PM	15 SENIOR FITNESS **9:15AM-10:15AM**	16
19 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	20 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	21 SENIOR HANGOUT 11AM - 1PM	22 SENIOR FITNESS **9:15AM-10:15AM**	23  SENIOR TRIVIA! 12:30PM - 2:30PM DOORS OPEN AT 12:30PM**
26 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	27 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	28 SENIOR HANGOUT 11AM - 1PM	29 SENIOR FITNESS **9:15AM-10:15AM**	30

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING CANCELLED	3 SENIOR FITNESS CANCELLED TK SQUARE DANCING CANCELLED	4 SENIOR HANGOUT 11AM - 1PM	5 MEDICARE 101 LUNCH AND LEARN 12:30PM - 1:30PM 12:15PM DEPART FROM OPT SENIOR FITNESS **9:15AM-10:15AM**	6
9 MOTORCITY CASINO 9AM DEPART, 1ST TRIP 10:15AM DEPART, 2ND TRIP SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	10 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	11 BUILDING CLOSED	12 SENIOR FITNESS **9:15AM-10:15AM**	13  HARVEST BINGO BASH 12:30PM - 2:30PM DOORS OPEN AT 12:30PM**
16 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	17 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	18 SENIOR HANGOUT 11AM - 1PM	19 SENIOR FITNESS **9:15AM-10:15AM**	20
23 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	24 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	25 SENIOR HANGOUT 11AM - 1PM	26 BUILDING CLOSED	27 BUILDING CLOSED
30 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	1	2 **Exercise Classes with Pamela: NEW SCHEDULE* starting September 2026** Monday Senior Mix Workout 9:30am - 10:15am Monday Senior Fitness: 11am - 12pm Tuesday Senior Fitness: 9:30am - 10:30am Thursday Senior Fitness: 9:15am - 10:15am		4

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

DECEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	2 MGM CASINO 9AM DEPART, 1ST TRIP 10:15AM DEPART, 2ND TRIP SENIOR HANGOUT 11AM - 1PM	3 SENIOR FITNESS **9:15AM-10:15AM**	4
7 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	8 SENIOR FITNESS **9:30AM - 10:30AM** TK SQUARE DANCING 7:30PM - 9:30PM	9 A CHRISTMAS CAROL MEADOW BROOK THEATRE KRUSE AND MUER FOR LUNCH 11:00AM DEPART SENIOR HANGOUT 11AM - 1PM	10 SENIOR FITNESS **9:15AM-10:15AM**	11 SENIOR TRIVIA! 12:30PM - 2:30PM DOORS OPEN AT 12:30PM**
14 SENIOR MIX **9:30AM - 10:15AM** SENIOR FITNESS **11AM - 12PM** TK SQUARE DANCING 1PM - 4PM	15 SENIOR FITNESS **9:30AM - 10:30AM** **LAST CLASS FOR THE YEAR!** **SEE YOU ON JANUARY 11, 2027** TK SQUARE DANCING 7:30PM - 9:30PM	16 SENIOR HOLIDAY PARTY BROWN IRON BREWHOUSE 11:15AM DEPART SENIOR HANGOUT RETURNS NEXT WEEK!	17 HOLIDAY LIGHTS SHUTTLE BERKLEY NEIGHBORHOODS SEE INSIDE FOR DETAILS SENIOR FITNESS **9:15AM-10:15AM**	18
21 HOLLYWOOD AT GREEKTOWN 9AM DEPART, 1ST TRIP 10:15AM DEPART, 2ND TRIP	22	23 SENIOR HANGOUT 11AM - 1PM	24 BUILDING CLOSED	25 BUILDING CLOSED
28	29	30 SENIOR HANGOUT 11AM - 1PM	31 BUILDING CLOSED	2

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

THE DEPART TIMES REFLECT WHEN THE BUS LEAVES THE COMMUNITY CENTER, SEE INSIDE FOR WHEN THE BUS PICKS UP AT THE OXFORD PARK TOWERS!!

Parks and Recreation
2400 Robina Avenue
Berkley, MI 48072
berkleymi.gov

Parks and Recreation Staff

Parks and Recreation Superintendent:	Dan McMinn
Senior Program Manager:	Josie Modrack
Event and Communications Specialist:	Amanda Slusarski
Recreation Program Manager:	Bobby Green
Front Desk Clerk:	Josh Boal

Berkley City Council

Mayor:
Bridget Dean

Council Members:
Steven Baker
Clarence Black
Gary Elrod
Ross Gavin
Dennis Hennen
Greg Patterson